

Blueberry Lemonade

Yield: 6 servings

Ingredients :

1/2 cup white sugar
1 cup water
1 cup blueberries
3/4 cup freshly squeezed lemon juice

Directions :

1. For the blueberry simple syrup, combine the sugar and 1 cup of water in a medium sauce pan over medium heat, stirring until the sugar has dissolved.
2. Stir in the blueberries and bring to a boil. Reduce heat and let the mixture simmer until the blueberries have broken down. About 3-4 minutes.
3. Strain the blueberry mixture through a cheese cloth or fine seive, let cool.
4. In a large pitcher whisk together the blueberry simple syrup, the lemon juice, and 5 cups of water. Place in the refrigerator to chill and serve over ice.

